

# Learning how to learn

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## *Learning through teaching*

I am presenting the idea of making use of teaching as a valuable source of learning for teachers! For long, our teaching has been a one way process where the teacher is unchallenged and the student is to take for granted the subject matter delivered by the teacher. Despite claims of adopting new learning approaches, in several places the old notion still prevails. In the dynamic world of today, teachers should not miss the opportunity of learning through teaching and from their students. This notion is supported by several examples of evidence including:

- In this digital age with open sources, access to knowledge is available equally for students as well as their teachers.
- The amazing production of knowledge makes it impossible for a single person to keep abreast of new developments even in a narrow discipline.
- Notions of lifelong learning and continuing professional development are bringing in more adult cohorts of students to teaching classes. Such students obviously possess a huge wealth of work and life experience.
- Teacher accountability and shared responsibility for learning between teachers, students and institutions are increasingly accepted practices.

Therefore, the teacher of today should be more prepared to accept and make use of the learning opportunity brought in through interaction with students. In this way, teaching becomes a thorough learning experience for the teacher who will observe, listen and experiment; students will get more confident and motivated and the learning itself becomes more enjoyable.

## *Sources*